

Finding Your Sanity in an Insane World, ANP Conferences, Dec 14, 2019

The Sociopath Next Door – What Are We Up Against?

References and Selected Reading, Lori Lorenz, M.A.:

About Psychopaths:

The Mask of Sanity by Hervey Cleckley; the original major work and still a masterpiece on psychopathy.

Without Conscience, The Disturbing World of the Psychopaths Among Us by Robert D. Hare, Ph.D.; the developer of the Psychopath Checklist, has the first and definitive piece on psychopaths studied in the prison system. Excellent examples and descriptions of psychopathic behavior and emotions.

Snakes in Suits: When Psychopaths Go To Work by Paul Babiak and Robert Hare; and indispensable review of psychopaths in the corporate world and how to discern them and avoid being destroyed by them.

The Sociopath Next Door by Martha Stout; excellent, very approachable and eye opening; seems to equate sociopaths with psychopaths as the descriptions match psychopathy.

Dangerous Liaisons by Claudia Moscovici, Claudia also has an excellent Blog: psychopathyawareness.wordpress.com; a very approachable author, focuses on relationships with psychopaths and other dangerous personality disorders. Has good insight to psychopaths, those who are taken in by them, and how to detect them and protect oneself from them.

Psychopathy: An Introduction to Biological Findings and Their Implications by Andrea L. Glenn and Adrian Raine; an in-depth review of brain differences, DNA differences and physiological effects of the biological roots of psychopathy. There truly are real differences in psychopaths.

Lifting the Veil by Timothy M. Silver; available online free at www.thepeopleshistory.net. Excellent summary of a broad range of historical evidence of psychopaths at work at the national and international levels. Highly recommended.

The Psychopath Test by Jon Ronson; personal investigation, entertaining and informative; caution: reviews by Robert Hare warns that literary license, some misreporting and mis-assumptions about the process of diagnosis are misleading in Ronson's book and Hare warns against glib diagnosis.

Political Ponerology by Andrew Lobaczewski; a revelation of how psychopathy operates in oppressive political regimes and how power is gained and manipulated; by an astute survivor of such a regime. A detailed, comprehensive look at the psychology of tyrants.

Women Who Love Psychopaths: Inside the Relationships of Inevitable Harm With Psychopaths, Sociopaths, & Narcissists by Sandra L. Brown, M.A.; Brown explores what makes women vulnerable to these psychopathic types, what happens to them and how they can recover and learn to recognize the danger in the future. She brings in survey research, brain differences and attachment issues. Quite thorough.

About Narcissists:

Malignant Self Love: Narcissism Revisited by Sam Vaknin; a more clinically and psychodynamically oriented approach and addresses a wide variety of narcissistic features and strategies; readable and engaging.

Disarming the Narcissist: Surviving & Thriving With the Self-Absorbed by Wendy T. Behary, LCSW; written for those in relationship of any kind with a narcissist; how to assess it, stay centered and relate to the narcissist without, hopefully, triggering him/her.

Children of the Self-Absorbed: A Grownup's Guide to Getting Over Narcissistic Parents by Nina W. Brown, Ed.D., L.P.C.; Written for the children of narcissists, addresses narcissists' parenting problems and the effects on their children; supportive and informative guide for healing oneself and relating to still-living narcissistic parents.

Related Reading:

Stalking the Soul: Emotional Abuse and the Erosion of Identity by Marie-France Hirigoyen; more psychoanalytical in orientation, useful study of a broader range of dangerous people, the types of abuse, how the abuser changes, how the victim is affected and how individuals and families can recover. Delves into the damage to selfhood that can be done without physical injury.

Web Resources – Articles, Videos:

WikiHow.com – Search Psychopath and Sociopath; many practical and well explained pieces on how to detect and protect yourself from psychopaths and sociopaths.

Psycopathyawareness.wordpress.com – Blog by Claudia Moscovici, extensive material on psychopaths in relationship.

Written by Psychopaths:

Mind War by Michael Aquino, Ph.D., Lt. Colonel, Psychological Operations (Ret.), U.S. Army; stunning to read the words of a military man who was engaged in mind control, openly a Satanist with his own branch of the church, the Temple of Set, and named in many high level cases of mass child abuse and mind control. Despite damning evidence against him, he has never been charged; he is still free.